



**Rev. Deborah Hannaford, O.M.C.**

Rev. Deborah Hannaford, O.M.C., is an Ordained Ministerial Counselor and an active student of *A Course in Miracles*. She offers the opportunity of awakening spiritually through Pathways of Light correspondence courses and Accessing Inner Wisdom counseling sessions in person, by phone or the internet (Skype). Courses or 8 week group programs may be arranged in your community. She hosts a weekly *Course in Miracles* group with her husband Bob, and travels communicating Holy Spirit's message. As a Holistic Practitioner/Teacher/ Channel, Deborah facilitates workshops in Meditation, Reiki, Bach Flowers, We Are One, and more.

Through understanding yourself and quieting your mind you will find the inner peace and the loving guidance system you seek. Healing your mind of fear and embracing love is your true purpose.

To schedule  
an appointment  
for an  
Accessing Inner Wisdom  
Counseling session, contact  
Rev. Deborah Hannaford  
at

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# The Accessing Inner Wisdom Counseling Experience

*There are times when you may need personal attention in a one-on-one setting. The pace needs to be tailored to fit your unique needs. In the Accessing Inner Wisdom Counseling, the focus is on allowing your Inner Wisdom to enrich your spiritual growth and help you heal in a way that is best for you.*

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*Everyone has times when they feel anxious, fearful, tense or angry and cannot seem to break loose from it.*

*You may be experiencing an undesirable habit which seems to control you. You may not like your behavior, but it seems to take over in certain situations or around certain people.*

*Your mind may be returning again and again to review a scene which upsets or disturbs you. You may be angry at yourself or another person.*

*You may be experiencing dis-ease or getting hints in your life that something needs to change. You may need insight from Inner Wisdom on how to see things differently.*

*You may get caught up in a scenario or perspective that you know is destructive or unhealthy. In times like these, it is helpful to be able to work with a counselor trained to help you get in touch with the Highest Source of Wisdom within you. Your counselor can help you gain insight into this situation so you can see it from a higher perspective.*

*The Accessing Inner Wisdom Counseling sets the stage for you to take a look at unconscious “thought clusters” which may be behind the discomfort you are experiencing. After this is brought fully into conscious awareness, your counselor will help you get back in touch with your inner peace.*

*This opens the door to let through the knowledge of your Inner Wisdom to help you see the reality surrounding the fear, tension, anxiety or lack of peace. With the help of your Inner Wisdom, your perception is healed. You are*

*able to see clearly again. You are able to break through the self-created barriers and take an important step in your awakening process.*

*In the Accessing Inner Wisdom Counseling session, you are helped at your own pace to discover Inner Wisdom in the most loving and accepting way possible. You are guided to tap your inner resources and open your channels of inner communication.*

*As part of this counseling, you will receive an Accessing Inner Wisdom Counseling Sheet. It provides a record of your goal for the session, what thoughts may block achieving your goal, and the insight received from your Inner Wisdom. This Wisdom will help you see this area of your life with greater awareness. 1 to 1½ hr., \$50–80 or as guided by Spirit.*

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*“The presence of peace means you are allowing your Inner Guidance to be in charge. ...Your Inner Guidance is always with you. Always. It just takes a willingness to let go.”*

*Spiritual Awakening Group Workbook, pp. 10, 17*

